



Brisk walking

Donna Russell is planning a walking trip at Stanley Park on December 28, Saturday and would love your company. Plan to walk on the seawall trails and see the beautiful Christmas light scenery, which is approximate about 3 hours long. Bring your flashlight, camera, water, and snacks in your own backpack and dress according to the weather including rain jacket if necessary.

Info: Distance is 7 km ~ Rating is easy ~ Elevation gain is minimal.

***** Please meet at Stanley Park Bus Loop by 5:00 PM on Rose Garden Lane by Pipeline Road, Vancouver.**

BCDSF members are covered by liability insurance. Non-members are welcome but on their own risk.

Please RVSP to BCDSF's office before Friday, December 20th and email is info@bcdeafsports.bc.ca. (Office will be closed for one week). After December 20th to Friday December 27th, please contact Donna at this email donnalrussell62@gmail.com.

