



BADMINTON LESSONS

A great idea for the Fall!

What? Weekly lessons to improve your game! Fridays in October, this program will provide drills and exercises to learn new skills and strengthen existing ones.

Where? Vancouver Badminton, 13100 Mitchell Road, Richmond.

How much? \$120 for six 90 minute lessons. BCDSF members can register and rally! Spaces are filling quickly! Contact us by e-mail today to reserve your spot!



**Never played,
but always
wanted to?**

**Has it been a
long time since
you played?**

**Take your game
to the next
level!**

**Professional
coaching!**

**6 lessons,
\$20 per lesson,
includes racket!**

Interested?
Send a quick e-mail to:
tblock@bcdeafsports.bc.ca
and say "Yes!"