

# BCDSF 25th Annual Silent Walk & Run 2018

Proceeds  
benefit BC  
Deaf and Hard  
of Hearing Athletes



**Date: Sunday, August 19, 2018**

**Location: Central Park, Burnaby, BC**

**Walking distance from Patterson  
Skytrain Station**

**We will meet at the picnic area close  
to the playground. See the map on  
the registration form for more details!**

## Schedule:

9:30 AM	Check in
10:15 AM	Warm-up
10:30 AM	Kick-off
12:00 PM	Door Prizes



Please contact BCDSF if you would like to collect pledges for this event. Money raised will help support Deaf & Hard of Hearing athletes by paying for athletic training and coaching, competition transportation, and other related fees.

## REGISTRATION

### Pre-register by August 10

\$30.00	Adults age 19-54
\$25.00	Seniors over 55
\$10.00	Age 13-18
FREE	Age 12 and under

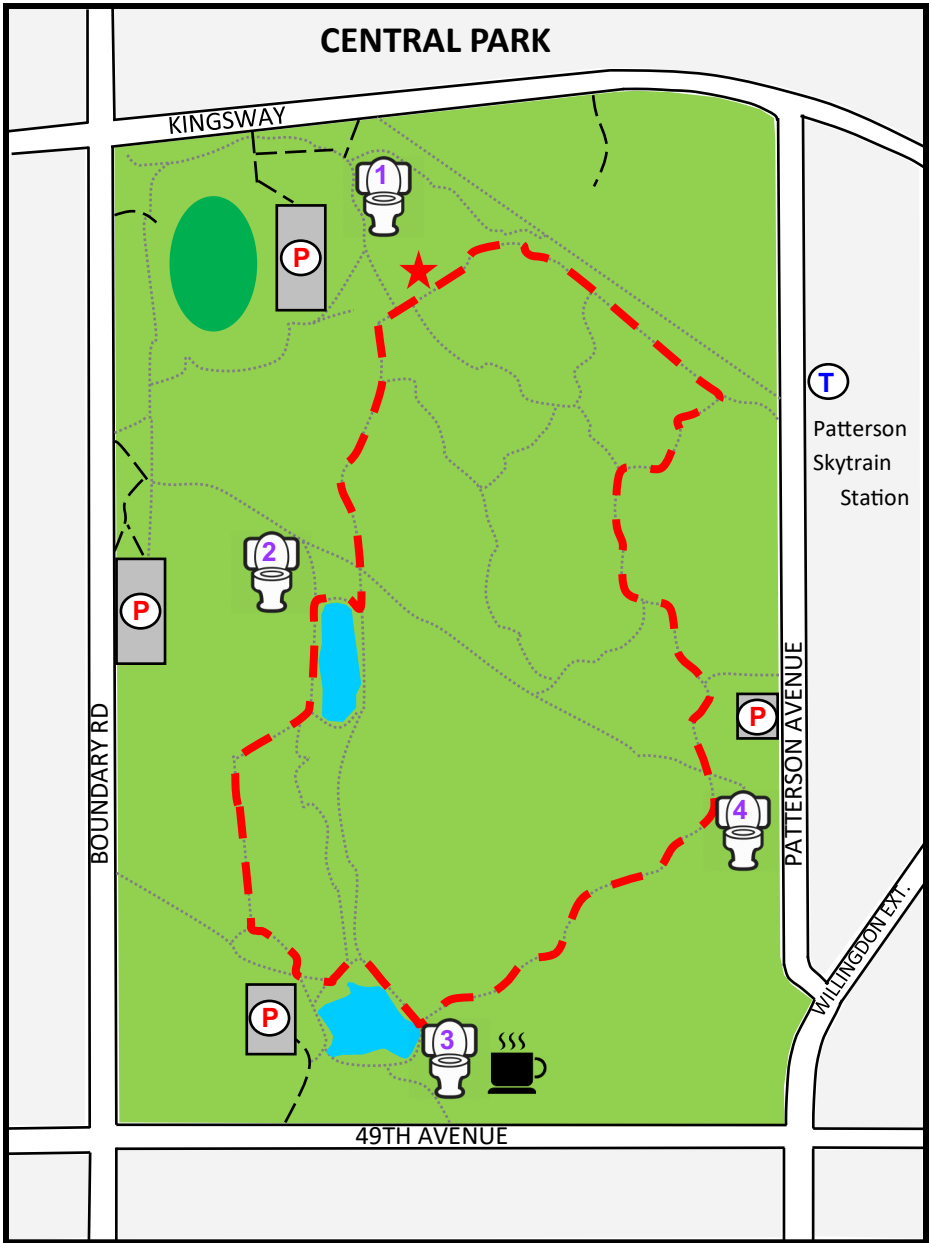
\$5.00 discount for BCDSF Members  
Price includes a free drawstring sportpack with snacks

### At the door

\$35.00	Adults age 19-54
\$30.00	Seniors over 55
\$15.00	Age 13-18
FREE	Age 12 and under

**Email or Mail  
registration form and  
payment  
information  
(payable to BCDSF)  
to:**

#4—320 Columbia Street  
New Westminster, BC  
V3L 1A6  
summer@bcdeafsports.bc.ca



- ..... Trails
- - - Small roads
- - - Walk/Run Route—Trail of Hope
- ★ Meeting place—picnic area
- P Parking lot
- T Transit station
- Washrooms
- Café/Concession Stand

The Silent Walk & Run will take place along the Trail of Hope. The trail is 2.5km in length, so you can choose to either do the loop once or twice for 2.5km or 5km.



**EVENT WAIVER**

Upon my registration I hereby waive and release any and all claims for damages I may have against the organizers or representatives and the sponsors for all and any injuries I may sustain during the course of this event.

**Athlete's Signature:**

\_\_\_\_\_

**Date:**

\_\_\_\_\_

Full Name: \_\_\_\_\_

Email/Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

**Please Circle:** Adult | Senior | 13-18 | Child age 12 and under

**BCDSF Member :** No | Yes — \$5.00 discount **Total Fee:** \$ \_\_\_\_\_

Please fill out a separate registration form for each member of your family who will be attending this event.